

The Duration of Sexual Assault Prevention Programs

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To what extent does the duration of a sexual assault prevention program change the effectiveness of a program?

Bystander Training

- Lowers rape-suportive attitudes not
perpetration
- Rationale: as first year students begin to
build relationships, they will more likely trust
a peer than anyone else to discuss a sexual
violence incident



Georgetown's Current Program

- Bringing in the Bystander Training
- Hoya RealTalk
- Think About It



Other Universities' Best Practices



AUx

Empower AU



VPAC

Empower AU

- Mandatory first year training
- 90 minute in-person training and 60 minute EverFi online training
- Homegrown program
- Consent, sexual communication, and bystander resources

Health
Promotion &
Advocacy
Center



American University

AUx

- Mandatory First Year Seminar
- 75 Minutes Weekly
- Community of Care Framework



VPAC

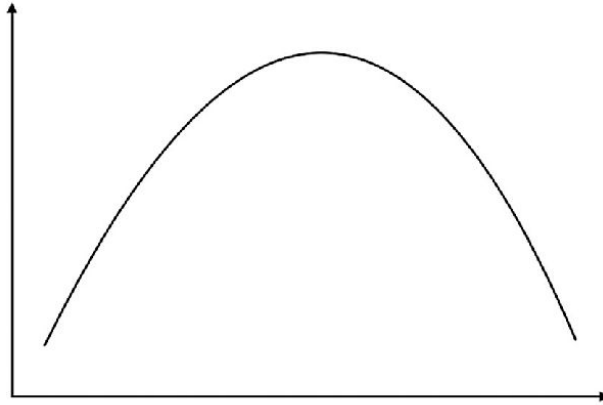
- Violence Prevention and Action Center
- Peer education program for mental health and provide support to survivors
- Run mandatory bystander training

Limited Findings on Duration

- Increase doses
- Diminishing long term effects
- Longer programs allow more time for curriculum

Other Research on Duration

- Sugar-Sweetened Beverage Prevention Program
- Childhood Obesity Prevention Program



Our Recommendations

- Conduct research on the duration of sexual assault prevention
- Survey students' attitudes on duration
- Consider incorporating conversations about prevention into a mandated course

Resources

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